

極真館



**Sunday 28<sup>th</sup> April - Friday 3<sup>rd</sup> May 2019**  
**Kyokushin-kan karate Spring Camp**  
**in Croatia**



This year, for the 14<sup>th</sup> time, there will be a Spring Camp in Croatia. This year again in Samobor and surroundings (about 20 km from Zagreb).



The camp is open to all practitioners of Kyokushin-karate as from white belts. Youth is also welcome under accompaniment of a parent/attendant for the free hours.

Non-karateka's

Also the non-karateka's are most welcome again and do not need to be bored. Karate activities are always combined with activities for non-karateka's (if they want to, of course). Think of walks, hiking, excursions and sightseeing. Further there are combined activities with the sportspeople.

### Surroundings

**Samobor** is a town in the Croatian province Zagreb with a population of abt. 37,500 inhabitants. It is located west of Zagreb, between the eastern slopes of the Samobor hills (Croatian: Samoborsko gorje) in the eastern part of Zumberak Mountain, in the Sava River valley. It is part of the metropolis around Zagreb.

Samobor has existed as a free royal town since 1242, according to a document of endowment by King Bela IV. It is one of the earliest tourist resorts in the region, with the first tourist facilities dating back to 1810, catering to anglers, hunters and hikers.



### Trainings

For the karate-group a varied training programme has been composed. Attention is given to: kihon, kata, fighting, tameshi-wari, condition trainings and meditation. Also you are being prepared for your following kyu or dan examination.

Kyokushin-kan examinations u/i 3rd dan can be taken.

Necessities with respect to registrations for examinations:

- karate passport
- approval of teacher / dojo operator in writing.



### Period

The karate camp will take place during the Dutch school spring holiday, this means: Present yourself latest on Sunday 28<sup>th</sup> April 15.00 hrs and the last training will be on Friday morning 3<sup>rd</sup> May. Like all previous years there will be activities already as from the Saturday.

### Instructors

Like every year Shihan Vlado Haljer, 5<sup>th</sup> dan and sensei Jenny Scholten, 2<sup>nd</sup> dan will be present. Of course also local Dojo-operators and their students will be involved during the programme.

## Costs

Double room per person Full Board. Diner from 28 <sup>th</sup> April u/i lunch 3 <sup>rd</sup> May 2019 (double room, register together)	€ 275,-	€ 350,- incl. training
Single room	€ 325,-	€ 400,- incl. training
3-persons in a room is also possible. (register together)	€ 255,-	€ 330,- incl. training
Training full programme	€ 75,-	€ 75,-

We will stay in the same hotel as last years, hotel Lavica, a cozy three-star hotel in the centre of Samobor, near a park and the forest.

## Travelling

Samobor can be reached by bus from the airport of Zagreb. There are many direct flights to Zagreb.

In case you come by car: the hotel has its own parking place.

There is also the possibility that we pick you up personally from Zagreb Airport. Just let us know.

For the latest information: check our website [www.katsuheiwa.nl](http://www.katsuheiwa.nl) and our Facebook page. In case of questions: mail or call us!



